

FORM 8 - ASTHMA MANAGEMENT & EMERGENCY RESPONSE PLAN

Name: _____ Date of Birth _____ Year: _____ Form: _____ Teacher: _____

Section A – Asthma Management

List known trigger(s): Dust ☐ Pollen ☐ Smoke ☐ Exercise ☐ Animal Fur ☐ Common Cold ☐
Other: _____

Section B - Daily management planning (if required):

Management Instructions in the Event of an Asthma Attack

Steps	Instructions
Step 1	Sit the student upright, provide reassurance, and remain calm. Remain with the student.
Step 2	Give 4 puffs of blue reliever inhaler. Use spacer if available. Use one puff at a time and ask the student to take 4 breaths after each puff.
Step 3	Wait 4 minutes. If there is no improvement give another 4 puffs.
Step 4	EMERGENCY INSTRUCTIONS If little or no improvement occurs: a) Call an ambulance immediately (dial 000). b) Call parent/carer. c) Keep giving 4 puffs of blue reliever inhale every 4 minutes, until the ambulance arrives. d) Go with the student in the ambulance if his/her parents/carers have not arrived when the ambulance is ready to leave for hospital.

Section C – Medication Instructions

	Medication 1		Medication 2		Medication 3	
Name of medication						
Expiry date						
Dose/frequency – may be as per the pharmacist's label						
Duration (dates)	From : _____ To: _____		From : _____ To: _____			
Route of administration						
Administration (tick appropriate box)	By self ☐	Requires assistance ☐	By self ☐	Requires assistance ☐	By self ☐	Requires assistance ☐
Storage instructions (Tick appropriate box(es))	Stored at school ☐	Kept and managed by self ☐	Stored at school ☐	Kept and managed by self ☐	Stored at school ☐	Kept and managed by self ☐
	Refrigerate ☐		Refrigerate ☐		Refrigerate ☐	
	Keep out of sunlight ☐		Keep out of sunlight ☐		Keep out of sunlight ☐	
	Other ☐		Other ☐		Other ☐	

Section D –Authority to Act.

This asthma management and emergency response plan authorises the school staff to follow my/our advice and/or medical practitioner. It is valid for one year or until I/we advise the school of a change in my child's health care requirements.

Parent: _____	Medical Practitioner (if required): _____
Date: _____	Date: _____
Review Date: _____	

OFFICE USE ONLY

Date received _____ Date uploaded on SIS: _____

Is specific staff training required? Yes ☐ No ☐: _____ Type of training: _____

Training service provider: _____

Name of person/s to be trained: _____ Date of training: _____

Complete only relevant sections and attach the student health care summary form to the front of this document.